You do not need to be an artist or know how to sew to create a moving, personal tribute. Whether you choose to paint on a bed sheet or sew elaborate embroidery is up to you – any remembrance is appropriate.

You may choose to create a panel privately as a personal memorial to someone you’ve loved, but we encourage you to follow the traditions of old-fashioned sewing and quilting bees by including friends, family and co-workers in the panel making process.

Also include a letter and/or a photograph of the person for whom the panel is being made for. In the letter, you can include a biography about the person, share interesting stories or even include some reasons for creating the panel. This information will be included in our Archives.

When the panel is finished, pack it up and ship it to:

**AIDS Memorial Quilt**

130 Doolittle Drive, San Leandro, CA 94577
ATTN: New Panels

We are a non-profit and depend on the support of our panel makers to help preserve the Quilt and keep it on display so any donation is much appreciated.

If you need help, feel free to call 415-765-0446 or email info@aidsmemorial.org

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The AIDS Memorial Quilt

A Program of the National AIDS Memorial
You do not need to be an artist or know how to sew to create a moving, personal tribute. Whether you choose to paint on a bed sheet or sew elaborate embroidery is up to you – any remembrance is appropriate.

You may choose to create a panel privately as a personal memorial to someone you’ve loved, but we encourage you to follow the traditions of old-fashioned sewing and quilting bees by including friends, family and co-workers in the panel making process.

**Designing a Panel**

When designing a panel, remember that the Quilt will be folded and unfolded many times, so durability of design and materials used are crucial to the panel’s longevity.

Include the name of the friend or loved one you are remembering on the panel. Please note that a panel can be created to remember a group or more than one person. Feel free to include additional information such as the dates and places of birth and death.

**Size and Background Material**

The size of a completed panel is 3’ x 6’. Since panels are sewn together, it is recommended to have at least a 1” around the edge of the panel without any design elements like words or pictures. This will ensure that all of your design will be visible when the panels are sewn together.

Select a durable and medium-weight non-stretch fabric for the background. Leave at least 2” of hem around the 3’x6” panel that can be used to sew other panels to it to form a block of Quilt.

**Assembling a Panel**

A panel can be designed to be vertical or horizontal. Here are some techniques that are consistently used when putting together a panel.

**Applique**: Sew fabric, letters and small mementos onto the background. Avoid glue if you can as it will not last on fabric.

**Paint**: Brush on textile paint or colorfast dye or use a permanent marker. Spray paint also works. Do not use “puff” paint as it can stick and ruin other panels after it is folded up.

**Collage**: Make sure any materials you add to the panel won’t tear the fabric. Avoid large three dimensional objects or heavy metal pieces. Instead, recreate the objects in fabric and sew that to the panel – it’s effective and fun.

**Photographs**: The best way to include photos is to photocopy them onto iron-on transfers and then iron them onto the panel. You may also put the photos in clear, vinyl pouches and sew it to the panel.

Please include with the panel the following Panel Maker Information Card filled out with as much information as you can provide.

**Stencil**: Trace your design onto the fabric with a pencil and use a brush to apply paint or a permanent marker.

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**PRIMARY PANEL MAKER(S) INFORMATION**

Please print

<table>
<thead>
<tr>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Street</td>
</tr>
<tr>
<td>City</td>
</tr>
<tr>
<td>Phone (eve):</td>
</tr>
<tr>
<td>EMAIL ADDRESS:</td>
</tr>
</tbody>
</table>

**NAME(S) ON PANEL (Please print):**

**FULL NAME(S) IF DIFFERENT FROM ABOVE (OPTIONAL):**

**IMPORTANT CITIES**

My status as a panelmaker is confidential but I understand I will receive the National AIDS Memorial newsletter and other communications.

- I am already on the mailing list.
- Please do not exchange my name.

Also, I am willing to be contacted by the National AIDS Memorial when:

- Media people are interested in my story or the panel.
- Someone requests information about the panel.

The person I made the panel for was my: 

(relation)

Letter [ ] Photo [ ] $ 

Dates on Panel

I acknowledge that the National AIDS Memorial is the owner of this panel and any accompanying documents I submit, and I assign to the National AIDS Memorial any right, title, and interest I may have in such submissions.

$ [ ]

Dated

Please include the names and email addresses of any additional panel makers on the back side of this form.